

Calumet College

Parent & Family Orientation 2016

September 3, 2016



Welcome to the Faculty of Health at YorkU and its College Community



calumet.yorku.ca/programs/

Welcome from the Faculty of Health College Masters



Jennine Rawana

Master of Calumet College

calumet.yorku.ca/



Mazen Hamadeh

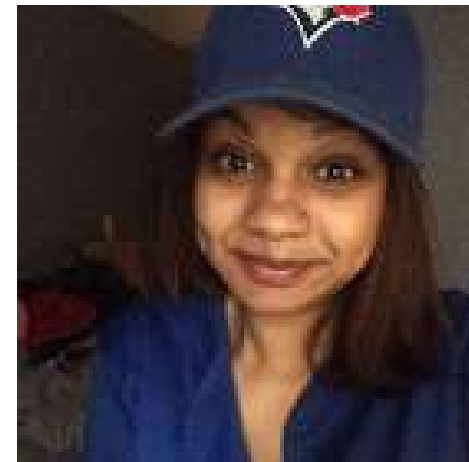
Master of Stong College

stong.yorku.ca/



Krista Gokool

President of Calumet College Council



Andrew Lawlor

President of Stong College Student Government



Student Societies & Clubs

York University has over 300 recognized clubs

- FHSC: facebook.com/fhscyork
- UPSA: <http://upsaweb.wixsite.com/upsaweb>
- GHSA: yorku.collegiatelink.net/organization/globalhealthSA
- SAMHPI: yorku.collegiatelink.net/organization/sahmpi
- KAHSSO: facebook.com/kahsso
- NSAY: yorku.collegiatelink.net/organization/NSAY

yuconnect.yorku.ca/

calumet.yorku.ca/student-clubs/

Student Council/Government



Is the voice of students in each college

- CCC: calumetcollegecouncil.com/
- SCSG: stongcollegesg.com/
- Social events
- Discounted tickets:
 - Sports events
 - Montreal Trip
 - Blue Mountain Ski Trip
 - Blue Jays game

Intramurals

- Many intramural sports at York
- Get involved: either recreationally or competitively



Calumet College Facilities



- Junior Commons Room (CC 100)
- Group Event and Meeting Space
 - CC 214
- Meeting Space
 - CC 129



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York Academic Services

York Academic Services

Faculty Student Academic Advising

Office of Student & Academic Services (OSAS)

- 235 Calumet
- For Faculty of Health students

<http://calumet.yorku.ca/advising/>

York Academic Services



Program-specific Undergraduate Departments/Units

- Enrolling into a specific course
- Course performance summary for academic petitions
- Final Exam Deferred Standing Agreement forms
- Refer to specific department websites

York Academic Services



Dept.-based Student Societies & Clubs

- A full list of clubs and societies at York for students to explore their academic interests and network with others is in the link the below

<http://yuconnect.yorku.ca/>

York Academic Services



Scott Library Reference Desk

- Help with: finding online articles, using science databases, Mendeley, citation styles
- Librarians from the Scott Library also conduct workshops at Calumet College:
 - Power Searching in PsycINFO

<http://www.library.yorku.ca/cms/scott>

York Academic Services



Learning Commons @ Scott Library (2nd floor)

- **Research Desk**
 - How to find, evaluate and use scholarly books, journal articles and e-resources
- **Writing Desk**
 - Writing analytically, structuring written work
- **Learning Skills Desk**
 - Improving reading and note-taking skills, building critical thinking skills

learningcommons.yorku.ca

York Academic Services

SPARK

(Student Papers & Academic Research Kits)

- Online guide to academic/research papers
- Home to 13 modules that will guide and teach users how to build a research paper
- Within these modules there are links and reference to several resources such as the Learning Commons, Scott Writing Center and Mendely

<http://www.yorku.ca/spark/>

York Academic Services



Career Centre

<http://www.yorku.ca/careers>

- **Workshops**

- Career exploration, Job search, Professional etiquette, Further education

<http://www.yorku.ca/careers/services/workshops.htm>

- **Individual appointments**

- Interview Practice Session, Résumé or Cover Letter Feedback Session

http://www.yorku.ca/careers/students/individual_appointments.html

York Academic Services



Career Centre

<http://www.yorku.ca/careers>

- Online Job Posting system
 - Search for and apply to on campus and off campus jobs
 - <http://www.yorku.ca/careers/onesystem/>
- Job advising sessions at Bethune College
 - BC 206, Wednesdays 1-4 pm
 - <http://bethune.yorku.ca/services/>



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York Non-Academic Services

York Non-Academic Services



Student Community & Leadership Development (SCLD)

- Office: S172 Ross
- Health education and promotion
 - Health Ed Peer Team plans programs on and around campus focusing on health topics
 - Mental Health conference, SafeTalk
- Leadership development
 - Lectures, events, conferences and retreats
 - Leadership certificate program

<http://www.yorku.ca/scld>

York Non-Academic Services



YU Connect

- Provides campus involvement opportunities
- Co-curricular record – documents participation in clubs, events and programs

<http://yuconnect.yorku.ca>

York Non-Academic Services



Counseling & Disability Services (CDS)

- Room N 110, Bennett Centre for Student Services
- Counselors available to respond to students
 - Group counseling
 - Individual counseling sessions
- Workshops:
 - Stress Management
 - Mental Health tune up
 - Reducing anxiety

<http://www.yorku.ca/cds/pcs>

York Non-Academic Services



Mental Health Disability Services (MHDS)

- Provides academic support to students with mental health disabilities
- Does not include treatment
- Provides students with appropriate referrals
- Not meant to replace mental health support available in the community
- Registration at <http://mhds.info.yorku.ca/registration/>

<http://mhds.info.yorku.ca/>

York Non-Academic Services



York Atlas

- Phone and email directory for York staff
- Quick way to find location of different program departments and professors' offices

<http://mocha.yorku.ca/atlas/servlet/atlas>

York Non-Academic Services



Security Services

- Phone extension x33333
- In case of emergency
 - Call York Security
 - Call 911

<http://gosafe.info.yorku.ca/>

York Non-Academic Services



Security Services

- goSAFE service
 - Safe escort on foot from any on-campus location
 - 416-736-5454 or ext. 55454
 - Download the goSafe app on your phone
 - GoSAFE yellow poles

<http://gosafe.info.yorku.ca/>

York Non-Academic Services



Security Services

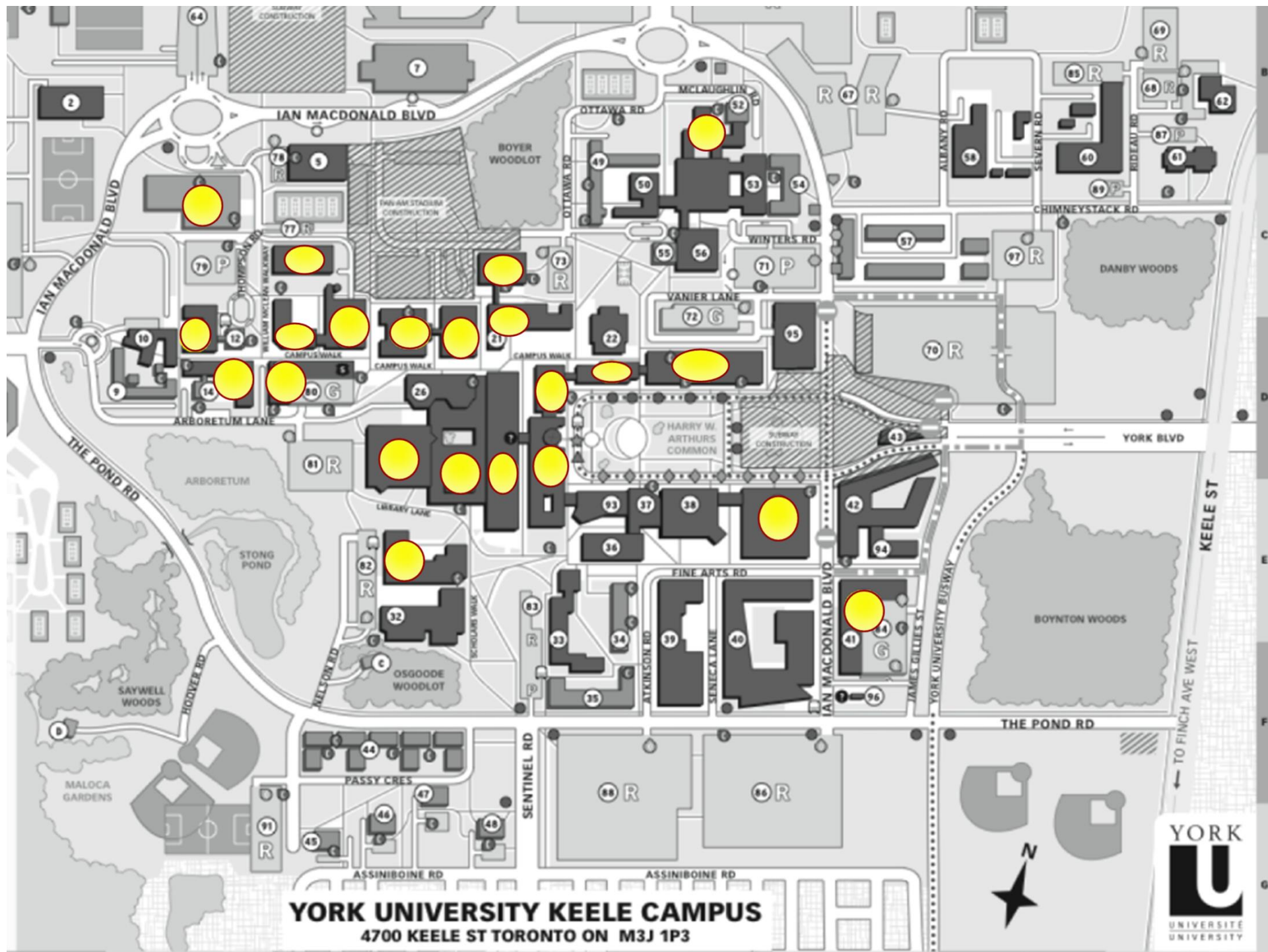
- Off-campus Shuttle Bus
 - Provides transportation to off-campus housing in the Village
 - Runs from Monday to Friday (6pm to 2am)
 - Operating schedule:

www.yorku.ca/gosafe/newcampusshuttle.html

Questions & Contact

- Email: scchelp@yorku.ca
- In person: Calumet College, Rm 301; Stong College, Rm 314
- Phone: 416-736-5132
- Social Media: Facebook, Twitter, Instagram; Calumet and Stong Student Council and Colleges





Thank You!

Questions/Comments

Welcome to York University and the Faculty of Health



Jennine Rawana

Master of Calumet College

calumet.yorku.ca/



Mazen Hamadeh

Master of Stong College

stong.yorku.ca/



Who are we?



Calumet College

Cognitive Science

Global Health

Health Policy, Management and Informatics

Psychology

calumet.yorku.ca/

Stong College

English, Professional Writing, Creative Writing

Kinesiology and Health Science

Nursing

stong.yorku.ca/

Transition can be difficult



Average High School grades are $> 80\%$

Average 1st-year university grades $\sim 65\%$

...how can you avoid this or make it more manageable?

Success at University



Interview of 2000 Harvard students showed:

- **Making connections** is very important for university career – with students, faculty, university
- **Study groups** are rewarding
- Students with the best grades are usually involved in one or two **extracurricular events**

What does Calumet College do?

**Inspiring learning, leadership
and responsible citizenship**



We are **committed** to:

1. Enhancing **student success**
2. Developing responsible student **leadership and citizenship**
3. Fostering a culture of **social and intellectual growth**
4. Promoting **health and wellness**





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ACADEMIC RESOURCES

Our Programs Include



First Year Transition

- YU START

Student Development and Leadership

- Create Your Future
- Agents of Change

Academic Support & Peer Assisted Learning

- HealthAid Network
- PASS Program

YU Start: York Orientation Day



- Wednesday Sept 7th, 2016
- Incoming, 1st-year students meet peers, Peer Leaders, graduate students, staff, professors and alumni
- Familiarize themselves with campus resources and the campus

<http://calumet.yorku.ca/>

PASS



Peer Assisted Study Sessions

- Facilitated by PASS Leaders; peer leaders who have done well ($\geq A$) in the same course and are well trained
- 2 x 90-minute review sessions of important concepts
- Location: SC 201
 - PSYC 2021
 - KINE 2011, 2031, 2050, 3012 & 3030

Peer Tutoring



UPSA

- Free tutoring in PSYC courses (statistics, intro psychology)
- Location: Calumet College

KAHSSO

- Free tutoring in core KINE courses
- Peer Tutors: peer leaders who have done well ($\geq A$) in the same course and are well trained
- Location: SC JCR (SC 111)

stong.yorku.ca/peer-tutoring/

facebook.com/kahsso

HealthAid Network



- Class Representatives
- Mentored by upper-level students
- Develop leadership and academic skills
- 1000 level courses
 - PSYC 1010
 - KINE 1000
 - NURS 1900, 2522
 - HLST 1010, 1011

<http://calumet.yorku.ca/healthaid/>

Transitioning, Networking, Career & Personal Development



- Frosh Week (College Council/Government)
- Create Your Future (Workshops)
- Agents of Change
- Workshops

calumet.yorku.ca/create-your-future/

calumet.yorku.ca/agents-of-change/

calumet.yorku.ca/upcoming-events/

Frosh Week



- Sat Sept 3rd – Sun Sept 11th, 2016
- Incoming, 1st-year students bond with upper-level students/peers
- Establishes a strong bond with college/York
- Builds long-lasting friendships
- Helps students transition socially

calumet.yorku.ca/student-council/

facebook.com/CalumetCollegeCouncil/

facebook.com/calumet.cougar

Create Your Future

Workshops:

- Career focused
- Graduate student panels
- Alumni
- Professors



calumet.yorku.ca/create-your-future/

Agents of Change



- Students create their own health initiative project
- Funded by the Faculty of Health
- Categories: physical, mental and sexual health, or any of the social determinants of health
- Students receive training to develop and implement projects
- Agents of Change

Health and Wellness



- Holistic wellness = academic, emotional, environmental, financial, intellectual, nutritional, occupational, physical, social, and spiritual
- Peer Health Educators based in the college
- Wellness programming
- Health and wellness based activities incorporated into York Orientation Day

Workshops



- Personal Counselling Services (Transition to University, Coping & Resilience, Test Anxiety, etc..)
- Fellows Corner, Meet Your Professors (My Path to Research/Academia, etc..)
- Career Centre
- Library (How to Write a Scientific Abstract, Power Searching in Medicine, etc..)
- Other

calumet.yorku.ca/upcoming-events/

Sample Workshops & Events



- Tues Sept 13: Masters Breakfast
- Workshops:
 - Discrimination & Ontario Human Rights
 - Careers in PSYC, Cognition & Behaviour
 - Teaching with Racial Diversity in Mind
 - Citations and Bibliographies
 - Careers in Health Policy & Management

calumet.yorku.ca/upcoming-events/

Mentoring Support



- Graduate Peer Mentors (GPMs)
- Fellows
- Alumni

Graduate Peer Mentors (GPMs)



- Graduate Students or Graduates
- Mentor students on post-graduation career options
- Available to Calumet College students
 - Psychology

Fellows



- Profs, staff and alumni
- Contribute to intellectual/co-curricular life
- Mentor undergraduate students on developing academic & leadership skills

Alumni



- Recent and past graduates
- Mentor students on post-graduation career options

Get involved!

Opportunities for Incoming Students

- Student Government Council
- Calumet Athletics
- Health Aid Network (Psychology 1010)
- Peer Leaders / Work Study Students
- College events: careers, health & wellness etc
- Quiet study and lounging space, Student Club Offices (UPSA)
- Awards and scholarships, Agents of Change projects
- Advising
- Academic and social orientation (Wed, Sept 7; afternoon)

Stay Connected



Calumet College

Facebook: www.facebook.com/calumet.york

Twitter: twitter.com/YorkUCalumet

Website: calumet.yorku.ca/

Stong College

Facebook: facebook.com/yorkustongcollege

Twitter: twitter.com/YorkUStong

Website: stong.yorku.ca/

Email: scchelp@yorku.ca

Phone: 416-736-5132



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Thank You!



Student Success: Developing Agents of Change at Calumet College

